



Dua'a of Paragons

PRAYERS^{TO}
STRENGTHEN SPIRITUAL
INTELLIGENCE AND RESILIENCE
FROM **THE SALAF**





DUA'A OF PARAGONS

BY

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Dua'a is the weapon of the believers Like the warrior, it is important you sharpen your sword from time to time so you are ready and not found wanting.

The life of this world is like a jungle but strengthening and sharpening your sword chases out the fear and helps you stand tall with confidence for you are a lion and just like a lion is not scared of the jungle, you are blessed with all you need to keep you brave and fearless.

Attach yourself to dua'a just like the paragons of the past and you will find only beauty and goodness.

Aishah Adams

DEDICATION

This is dedicated to my Lord, Most High. Everything I do is for Him, to seek His Face for there is nothing as beautiful as the pleasure of my Lord in the heavens and the earth.

To the best of mankind, Habibullaah, who was one of the most exemplary paragons of the past. His examples and supplications strengthen the heart of the one who truly seeks from His Lord.

To my parents who imbibed the spirit of seeking from only Allaah in me from a very early age. Learning how to make dua'a and asking ceaselessly from Allaah for everything after putting in effort was a lesson I took from them.

To my beloved teacher, Abu Naasir (Hafidhahullaah) who keeps pushing me towards Ihsaan. May Allaah increase him in goodness and honor.

To my family and friends turned family, especially my children, for holding my hands through the rough times and helping me stay grounded in worship.

INTRODUCTION

Bismillaah

Alhamdulillah wassalatu wasalam 'alaa rasuulilaah.

As salamu alaykum warahmatullaah wabarakatuh dear one,
Welcome!

In the following pages, you will learn supplications made by amazing humans who walked the earth many years ago. People who distinguished themselves and embodied excellence.

How did they work through their trials? What attitude did they assume and more importantly what words did they seek from Allaah with? Can we also ask from Allaah (subhaanahu wa ta'ala) using those exact words?

These dua'as have been shared as a video series. The series has been shared over the past few weeks since Ramadhan is the month of accepted dua'as; however the e-book would help reinforce the knowledge shared in the video series, Bi ithnillaah.

It would also give you an opportunity to learn the dua'as by heart so you can continue to ask Allaah (subhaanahu wa ta'ala) with these words even after Ramadhan. Prophetic dua'as in the Qur'an and hadith books are numerous however we have decided to kick off this series with these 21 dua'as/adkhaars.

Allaah (subhaanahu wa ta'ala) says “Verily in the remembrance of Allaah, do hearts find rest,” and so however turbulent your emotions might be; no matter how tough things get, the solution to all your life troubles can be found with Allaah (subhaanahu wa ta'ala) for there is no success except with His help.

Read through, supplicate, journal your thoughts, engage with the

content here as well as the video series on the DeenHub Youtube channel but ensure you commit the duaas to memory so they can come in handy every time you need them.

What's more, this has been written as an ebook to be FREELY distributed so please share with your loved ones so we can all go back to asking from Allaah (subhaanahu wa ta'ala) as the distinguished people from the past- the prophets- asked. They were successful and we would be successful if we follow in their footsteps, bi ithnillaah Engage with these dua'as and ensure you end the month of Ramadhan strong for what does it profit a Muslim to witness Ramadhan and not benefit from its numerous fruits?

This ebook has been written and shared so you know that your life challenges were experienced by the people who were closest to Allaah (subhaanahu wa ta'ala) and as such your life challenges aren't the worst and it also aims to bring to your attention authentic supplications from the Qur'an and sunnah so that does who struggle to word their dua'as can have a guide on what to say when seeking from Allaah (subhaanahu wa ta'ala).

Any good found in this is from Allaah (subhaanahu wa ta'ala) and any errors found therein is from my Nafs (soul) and I seek refuge from Allaah (subhaanahu wa ta'ala) from the whispering of my soul.

From the one who seeks His Face,
Bint Turab,
Aishah Adams

1st April, 2021/ 19th Sha'aban, 1442ah

WHAT WILL YOU GET FROM THIS E-BOOK?

1. 21 authentic supplications from the prophets of past that were responded to
2. Insights into what the situation of the prophets were at the time they asked from Allaah
3. Extra space to journal and share how you need that dua'a answered in your life
4. Beautifully designed inner pages to endear your heart to the reading
5. Properly referenced dua'as so you can look them up yourself

HOW SHOULD YOU ENGAGE WITH THE DUA'A?

1. PURIFY YOUR INTENTIONS

It is important you engage with the content of the book with a clear heart. Ask ceaselessly and be certain in your heart that you would be responded to.

2. BE PRESENT MENTALLY WHEN SUPPLICATING

Have presence of mind when you are seeking from Allaah (subhaanahu wa ta'ala) and know that He will make a way for you from places you never imagined. You cannot be asking from Allaah (subhaanahu wa ta'ala) with a heart that is thinking about every other thing than your supplication. Our challenges are insignificant before Allaah (subhaanahu wa ta'ala) so rather than make dua'a whilst thinking dua'a alone isn't enough, pay attention to your thoughts and ensure they align with what you are seeking.

3. DELAYS IN RESPONSE AREN'T DENIALS

One of the first lessons I learnt about dua'a was that the fact I am yet to see what I asked for doesn't mean I wouldn't still get it. Allaah (subhaanahu wa ta'ala) gives us what we need and not what we want so whilst you are wanting something; it might be that getting that thing at that time isn't good for our akhirah so Allaah (subhaanahu wa ta'ala) delays His giving so we may cultivate the habits that would work better with our wants so we can be successful.

4. CRY WITHOUT HOLDING BACK

The only One who would never get tired of giving us is Allaah (subhaanahu wa ta'ala). He would give every creation its need and give some more because He has provisions that are limitless and our needs however numerous are limited. And so there is an abundance overflow. When He decrees, He (subhaanahu wa ta'ala) says "BE!" and it is so when your heart is heavy and you have no one to turn to; turn to Him and hold on to His rope because your life depends on it.

5. REPEAT THE DUA'AS

Ask Allaah (subhaanahu wa ta'ala) repeatedly till He responds. How can you be shy in asking the One who gives all creations their need?

Remember to always exalt Allaah as He has taught us and send salutations to His Prophet when seeking from Allaah (subhaanahu wa ta'ala). Also remember to pray for your country, leaders and the dead muslims.

May Allaah (subhaanahu wa ta'ala) make us from those who would benefit immensely from His words and make our feet firm upon the haqq till the end of time. Aamiyn

DUA'A 1

CLARITY OF SPEECH AND COMMUNICATION

Imagine being asked to go speak to a leading figure in your country with no prior training. Now, the one asking you to go knows what you lack yet He believes in you and sends you to go speak to the president and negotiate a contract and what's worse, you stutter. Can you imagine the anxiety you'd feel?

This was the case with Prophet Musa (alayhi salam) and in his case the leader he had to speak to was a tyrant and an unrivaled bad leader up until this day. Fir'aun was the worst man that ever lived yet Musa (alayhi salam) was sent to speak to him at a time when he was stammering quite badly.

Musa (alayhi salam), understanding that Allaah (subhaanahu wa ta'ala) was pushing him to step into the greatness he was created for, raised his hands to seek from Allaah (subhaanahu wa ta'ala) and these words can be found in **surah Taha verses 25 to 28**:

Rabb-ishrah li sadri, wa yassir li 'amri, wah-lul 'uqdatam-min-li-sani, yaf-qahu qawli.

My Lord, expand for me my breast [with assurance], and ease for me my task, and untie the knot from my tongue that they may understand my speech.

Just as Musa (alayhi salam) found ease with Allaah following his request from Allaah, you will find ease in speaking with clarity irrespective of who you have to speak to every time you ask Allaah, bi ithnillaah.

If you are struggling to speak with clarity; if you are struggling to coin words together, if you are struggling to communicate effectively with your loved ones, raise your hands and seek from the One who can right every wrong and perfect all things.

May Allaah grant you and us tawfeek. Aamiyn

DUA'A 2

FIRMNESS IN FAITH

As we journey through the life of this world, we see numerous things that make us question our existence. We go through challenges that shake us to our core and these challenges sometimes make you wonder if Allaah is aware of your travail.

How then does one combat these errant feelings so they don't take root and make one deviate from the path of truth?

We learn the how from our beloved Prophet, Muhammad (sallallaahu alayhi wassalam). The Nabiy (sallallaahu alayhi wassalam) was reported to repeat a certain dua'a and it goes thus;

Anas ibn Malik (radiyallahu'anhu) reports that Rasulullah (sallallahu 'alayhi wasallam) used to recite the following supplication in abundance:

'Ya Muqallibal qulub, thabbit qalbi 'ala deenik.'

(Sunan Tirmidhi, Hadith: 2140)

Translation: O Turner of hearts, keep my heart steadfast on your Deen.

Imam Tirmidhi (rahimahullah) has classified this Hadith as hasan (sound).

If the beloved of Allaah (sallallaahu alayhi wassalam) repeated this dua'a oft, what about us? It shows the understanding of the Nabiy (sallallaahu alayhi wassalam) about the Magnificence of Allaah. We thus need to repeat this dua'a so our feet remain steadfast both in times of ease and in times of hardship.

May Allaah forgive you and us and may He grant us istiqamah. Aamiyn

DUA'A 3

STANDING UP FOR THE TRUTH

There are times in life when it feels like it is us against the world. Perhaps we have something people want to rid us off of good and they try ceaselessly and find it impossible so they scheme and plot and plan. And then it feels like you are up against the world even though you are upon the truth; do not despair.

Hold fast to the rope of Allaah and never let go for verily He is the Waliy of the believers. Remember when our father, Ibrahim (alayhi salam) was in a similar situation. He came into the understanding that Allaah alone was worthy of worship through guidance from Allaah (subhaanahu wa ta'ala) and upon coming into this realization, he decided to speak up till his people repented. However, they belied the message and instead connived to kill him so he would no longer be at war with their belief in falsehood.

Imagine how young Ibrahim (alayhi salam) must have felt? He wasn't only in opposition with his people; his father was also a part of those plotting, subhaanallaah! Imagine his sorrow at that time and they went ahead to brew a fire for 3 days! A fire so hot that even the birds couldn't fly above it yet they tied Ibrahim (alayhi salam) up hoping to extinguish the light of Islam however; in the end, they had only themselves to blame.

What did Ibrahim (alayhi salam) do? Did he run about crying and wondering why Allaah forsook him or did he hold firmly to his belief with yaqeen (conviction) that Allaah would rectify his affairs.

As the day drew close, Ibrahim just kept repeating just one dua'a. He repeated this dua'a and even when he got thrown in the fire and the angel came to him to ask what he wanted, he said "I need help from only Allaah." Allaahu akbar! Look at the eeman of Ibrahim (alayhi salam) despite this turbulence. It might be that you are in a similar situation. You are tied up and a group of people have ganged up against you because of something of your blessings they are envious of; they have teamed up to afflict you and you seem to be suffering in silence with no idea of where the help would come from; hold on to this dua'a of Ibrahim (alayhi salam).

He kept repeating this dua'a and Allaah made the fire cool for him and delivered him back to safety and elevated him thereafter. The dua'a Ibrahim (alayhi salam) repeated was;

*'Allah is sufficient for us and He is the best disposer of affairs!' (Sura Aale-Imran, 3: 173).
Hasbunallaahu wa ni'mal wakeel*

However rough it might get for you, do not despair. Hold fast to the rope of Allaah (subhaanahu wa ta'ala) and repeatedly seek help with this dua'a and Allaah (subhaanahu wa ta'ala) would rescue you and elevate you just as He did for Ibrahim (alayhi salam).

DUA'A 4

REPENTANCE AFTER DISOBEDIENCE

When Allaah created mankind, He decreed that they would be leaders of mankind and so He (subhaanahu wa ta'ala) taught Adam (alayhi salam) names and showed him things that even the malaika didn't know yet and ordered him to go everywhere with just one exception; the exception prevented him from eating from one tree. Unfortunately Adam (alayhi salam) was tricked by Shaytan and so he got sent down to earth to dwell till the day of judgement. Having disobeyed Allaah's command, he felt shy of going back to Allaah so Allaah guided him to some words and those words can be found in the dua'a below:

Rabbana dhalamna anfusana wa-in lam taghfir lana watarhamnalanakoonanna mina alkhasireen
Our Lord, we have wronged ourselves, and if You do not forgive us and have mercy upon us, we will surely be among the losers. (Surah Al-Ar'af 7 vs23)

This is a dua'a for anyone looking to sincerely repent to Allaah for whatever wrong they do as Allaah is the One who makes one successful. Whoever Allaah grants tawfeek (success) is the one who has truly succeeded.

Imagine the sadness in the hearts of Adam (alayhi salam) and Hawa (alayha salam). They were beside themselves with worry and felt sad as they were favored by Allaah and this was a dua'a that was accepted and brought ease to their hearts.

If you are feeling overburdened with the burden of sins, turn to Allaah and know that Allaah is Oft-Forgiving, Most Merciful.

May Allaah ease the burden of your heart, wipe away your sins and turn to you in Mercy. Aamiyn

DUA'A 5

EASE IN FULFILLING RESPONSIBILITIES

A long time ago, there was a prophet named, Yunus (alayhi salam) and he was sent to Nineveh to call to the way of Allaah. He was sent to call people to the worship of the One true God however; whilst speaking to them, he found his people unyielding and determined to stay upon wrong doing so he got angry and left before was commanded to leave.

He went in search of another community that would readily accept his message forgetting that the message was one sent him by Allaah (subhaanahu wa ta'ala) and he didn't have a say in executing as this was for Allaah to guide. The Quran tells us his story where Allaah says; "And [mention] the man of the fish, when he went off in anger and thought that We would not decree [anything] upon him" (Surah Anbiya 21 vs 87)

When Allaah (subhaanahu wa ta'ala) calls us to His service, we have no choice, we submit completely understanding that everything that has happened and that will happen is known by Allaah (subhaanahu wa ta'ala) and with reliance upon His guidance we are able to scale through every challenge; no matter how big or small it might be.

Yunus (alayhi wassalam) got upset with the people he was sent to and left the town angrily and Allaah says "...and thought we would not decree anything upon him ..." almost like doing something with impunity, subhaanallaah. And then he was tested by Allaah (subhaanahu wa ta'ala) with the whale. He got swallowed by the whale and found himself in complete darkness.

At that instant he cried to Allaah (subhaanahu wa ta'ala) knowing that Allaah was the only One who could bring him out of that situation saying:

L a a i l a a h a i l l a a n t a s u b h a a n a k a i n n i k u n t u m i n a z - z a l i m i n
There is no deity except You; exalted are You. Indeed, I have been of the wrongdoers.

This turning back to Allaah in repentance earned him Allaah's mercy and acceptance for Allaah says, "So We responded to him and saved him from the distress. And thus do We save the believers." (Surah Anbiya 21 vs 87)

If you hold on to Allaah (subhaanahu wa ta'ala) in the good times, Allaah would bring goodness to you in the times of difficulty which are sure to come. Maintain a beautiful relationship with your Rabb, and know that you would find Him (subhaanahu wa ta'ala) to be ever helpful. Just as He (subhaanahu wa ta'ala) turned to Yunus (alayhi salam) in mercy, He will turn to you if you remain steadfast in asking.

DUA'A 6

SUBMITTING TO ALLAAH IN SERVICE EASE IN FULFILLING RESPONSIBILITIES

We tend to feel really good with ourselves following an act of service to humanity or an act of obedience to Allaah. The joy comes from knowing one is acting in line with the ideal and this makes us feel good. However, there are those special ones who even during a good deed find ease in submission and humility. This is the case with Ibrahim and his son, Ismail (alayhi salam) when they were building the Ka'aba in Makkah in submission to Allaah's command. Just after completing their task they said;

اَلْعَلِيْمُ السَّمِيْعُ اَنْتَ اِنَّكَ مِنْ اَقْبَلِ رَبَّنَا

Rabbanaa taqabbal minnaa innaka antas-samee'ul-'aleem

“Our Lord! Accept (this service) from us. Indeed! You are the All-Hearer, the All-Knower.” (Surah Baqarah 2 vs 127).

Subhaanallaah!

They were performing an injunction from Allaah (subhaanahu wa ta'ala), yet they sought His pleasure and asked for acceptance. Are we like this? Do you ask Allaah's help and favour in tasks that are commanded? Or do you walk tall saying, you have tried all you can and all you did was your best?

Ponder and make effort to use this dua'a in your salawat.

DUA'A 7

INCREASING IN REMEMBRANCE OF ALLAAH

When you say the salam after your daily salawat, what do you say? Or do you just resume talking and playing with your loved ones? Would you mind if I directed you to a dua'a that would make it easy for you to remember Allaah often? It is a dua'a you can say after your salawat with presence of mind, understanding that in the remembrance of Allaah do we truly experience peace.

Mu'adh (عنه الله رضي) reported: The Messenger of Allah (وسلم عليه الله صلى) took hold of my hand and said, "O Mu'adh! By Allah I love you, so I advise you to never forget to recite after every prayer:

"Allâhumma a'innî alâ dhikrika, wa shukrika, wa husni 'ibâdatika
O Allah, help me remember You, to be grateful to You, and to worship You in an excellent manner."

[Abu Dawud] [Book 16, Hadith 1422]

Source: Riyad as-Salihin » The Book of the Remembrance of Allah » 1422

Make it a point of duty to repeatedly seek Allaah's help in staying attached to worship for with His help, all things are easy.

May Allaah make us from amongst those who remember Him much with sincerity and presence of mind.
Aamiyn

DUA'A 8

WHEN GOING THROUGH DEBILITATING HEALTH ISSUES

I have suffered many health crises and during one of those health episodes, I started to imagine how hard it must have been for Prophet Ayyub (alayhi salam). This was a man who had wealth and children and lost everything to the point he was sent out of the town, subhaanallaah!

Does this ring a bell? Are you currently feeling ostracized in a place you called home? Something similar happened to Ayyub (alayhi salam) and he used it as an opportunity to keep calling on Allaah and he was responded to. He called saying:

annee massaniyad-durru wa anta arham-ur-raahimeen

And (remember) Job, when he cried to his Lord “Truly distress has seized me and you are the Most Merciful of all those that are merciful.” (Surah al-Anbiya 21 vs 83)

Allaah responded to him and he got back everything he lost and some more. It might feel like your story right now, do not despair; continue seeking from Him and know that His delays are not evidence of closed doors; it could be that you would be getting better than you asked yet you worry because of the lack of knowledge of the ghayb. Have sabr and you will get through all issues you are currently experiencing.

DUA'A 9

SEEKING STEADFASTNESS UPON THE TRUTH

The Ashabul Kahf were a set of young people who were the only believers in their town. They had their people worshipping idols and they found the practice abhorrent but couldn't speak up because of the king who was known to execute people at will. At some point they came together and found themselves all in the same dilemma and they made dua'aa to Allaah and Allaah responded to them.

Rabbana atina min ladunka rahmatan wahayyi lana min amrinarashada
Meaning: Our Lord, grant us from Yourself mercy and prepare for us from our affair right guidance. (Surah Al-Kahf 18 vs 10)

He preserved their body and made them a sign for the rest of mankind. Even when you feel alone in the wilderness seek from Allaah and He would surprise you in ways you would least expect.



DUA'A 10

SEEKING HELP IN DIRE NEED

Rabbi Inni Lima Anzalta Ilayya Min Khairin Faqeerun

“My Lord, indeed I am, for whatever good You would send down to me, in need.”

(Surah Al-Qasas 23 vs 24)

Moosa A.S. As mentioned in verse #25 of Surah Al-Qasas:

Then one of the two women came to him walking with shyness. She said, “Indeed, my father invites you that he may reward you for having watered for us.” So when he came to him and related to him the story, he said, “Fear not. You have escaped from the wrongdoing people.”

And finally asked him to marry one of his daughters.



DUA' 11
SUPPLICATION OF IBRAHIM AND
HIS FOLLOWERS

Rabbana alayka tawakkalna wa ilayka anabna wa ilaykal maseer

"Our Lord ! On Thee do we rely and to Thee do we turn and to Thee is the end of all journeys."

(Surah Al-Mumtahina 60 vs 4)



DUA'A 12

RIGHTEOUS FAMILY

Rabbana hablana min azwaajina wa dhuriyyatina qurrata A'yunin waj'alna lil- muttaqina imama

“Our Lord! Grant unto us wives and offspring who will be the comfort of our eyes, and give us (the grace) to lead the righteous.”

Here is a dua'a we can ask with for righteous spouses and children. If you marry right, you would have done great so seek ceaselessly.

DUA'A 13

DUA'A OF MUSA THAT SPLIT THE SEA

Musa (alayhi salam) was sent to Fir'aun and he didn't yield, after a while, Allaah (subhaanahu wa ta'ala) asked Musa to take Bani Israel out of Egypt but then they got to the sea after travelling for some time and there seemed to be no way out and as Musa (alayhi wasalam) stood in front of the sea with the sound of footsteps of the army of Fir'aun closely behind, He made this dua'a.

Qāla kallā, inna ma'iyā rabbī sayahdīn

[Moses] said, "No! Indeed, with me is my Lord; He will guide me." (Surah Ash-Shuara 26 vs 62)

And Allaah asked him to stretch forth his staff and the red sea was split. What sea of trouble are you currently facing that seems overpowering? What challenges seem to be unyielding? Seek from Allaah just like Musa (alayhi salam) and know that you will be surprised in ways you'd least expect. Sometimes the way out of the challenge is a road non-existing but with faith, you will find help and the unachievable would suddenly come to pass

Remember His delays are not denials or evidence of His lack of love for you. May Allaah split all our sea of troubles and help us depart with our deen intact for verily He is sufficient for those who call on Him.

DUA'A 14

DUA'A OF ZAKARIYYAH FOR OFFSPRING

In the days leading to Hajj in 2010, I was sitting making dua'a when I came across this dua'a. At the time, it was beginning to look like I would not have children so I sat down during the day of Arafah and cried to Allaah with this dua'a and I was responded to the very next year, alhamdulillah.

Rabbi la tazarni farddan wa anta khairul waaritheen
"Oh Allah do not leave me single (without offspring), and you are the best of those remaining behind (after I have left this world). (Surah Anbiya 21 vs 89)

Ask Allaah and do not doubt how swift His response is.

DUA'A 15

DUA'A OF YUSUF (ALAYHI SALAM)

Imagine being taken from your home and forsaken in a well. Then becoming a slave even though you were once a free man. On top of that people lie against you telling fictitious stories just because they were unable to get their way with you and on top of being a slave, you end up in prison. You watch your life pass you by and wonder, how do I get out from this mess? How do I reclaim my life again? The One you turn to when all fails and all hope seems lost is Allaah.

Yusuf (alayhi salam) was in a similar situation. All these and much more happened to him however He called on Allaah and Allaah took him from the lowest place to one of the highest offices around. Allaahu akbar!

“My Lord, You have given me [something] of sovereignty and taught me of the interpretation of dreams. Creator of the heavens and earth, You are my protector in this world and in the Hereafter. Cause me to die a Muslim and join me with the righteous.” Quran (Surah Yusuf 101)

Allaah who elevated Yusuf (alayhi salam) would bring you out of darkness and elevate you too. Hold on firmly and do not despair.

DUA'A 16

DUA'A FOR FORGIVENESS

One time, I was sitting in a class and studying from this Ustadh who was teaching tazkiyyatu nafs when a question came up. He asked for the greatest dua'a for forgiveness and I read this out and I got a gift. Somehow I never forgot and thought to share in this piece.

Allaahumma anta rabbi la illaaha illa anta, khalaqtani wa-ana 'abduk, wa-ana 'ala 'ahdika wawa'dika mas-tata't, a'oothu bika min sharri ma sana't, aboo-o laka bini'matika 'alay, wa-aboo-o bithanbee, faghfir lee fa-innaahu la yaghfiru-thunaba illa anta

“O Allaah! You are my Rabb. There is no true god except You. You have created me, and I am Your slave, and I hold to Your Covenant as far as I can. I seek refuge in You from the evil of what I have done. I acknowledge the favours that You have bestowed upon me, and I confess my sins. Pardon me, for none but You has the power to pardon.”

DUA'A 17

SUPPLICATION FOR WHEN OVERWHELMED

There are times when we find ourselves failing at our responsibilities despite all efforts to get it right. We feel trapped and choked. We feel unable to breathe and the feeling of despair seems to be taking over our minds; what's more we struggle to stay afloat under the weight of debts- turn to Allaah with this prophetic dua'a and it would bring you ease.

Allaahumma 'innee 'a'oothu bika minal-hammi walhazani, wal'ajzi walkasali, walbukhli waljubni, wa dhala'id-dayni wa ghalabatir-rijaal

O Allah, I seek refuge in You from grief and sadness, from weakness and from laziness, from miserliness and from cowardice, from being overcome by debt and overpowered by men (i.e. others).
(Al-Bukhari 7/158. See also Al-Asqalani, Fathul-Bari 11/173)

This dua'a is authentically reported from the sunnah of the Nabiy (sallallaahu alayhi wassalam) and it is a go to relief 'pill' for whatever heart ache you might feel. Cry to Allaah with this dua'a knowing that He would grant you shiifa and all your troubles would be turned to ease for you, bi ithnillaah.

DUA'A 18

DUA'A FOR WHEN FEELING OVERWHELMED WITH GRIEF OR LIFE

When we feel our heart burdened with sorrow and despair, who do we turn to? Allaah, the Nourisher and Merciful One who created us from scratch and knows what we need to heal. He sent the Nabiyy (sallallaahu alayhi wassalam) with the deen perfected and even sorrow was taken care of!

There are times you feel overwhelmed with the weight of challenges and at the instance you need to turn to Allaah to bring relief to your heartache, this is one of those dua'as effective for one feeling distressed.

Allahumma inni 'abduka, ibnu 'abdika, ibnu amatika, naasiyati biyadika, maadhin fiyya hukumuka, 'adhlun fiyya qadha'uka asaluka bi kulli ismin huwa laka, sammaita bihi nafsaka, aw an-zaltahu fi kitabika, aw 'allamtahu ahadan min khalqika, awista'tharta bihi fi 'ilmil-ghaibi 'indaka, an taj'alal-Qur' ana Rabbi'a qalbi, wa nura sadri, wa jalaa'a huzni, wa dhahaba hammi

“Oh Allaah, I am Your servant, the son of Your servant, the son of your maid-servant, and entirely at Your service. You hold me by my forelock. Your Decree is what controls me, and Your Commands to me are just. I beseech You by every one of Your Names, those which You use to refer to Yourself, or have revealed in Your Book, or have taught to any one of Your creation, or have chosen to keep hidden with You in the Unseen, to make the Qur'an the springtime of my heart, the light of my eyes, the departure of my grief, and the vanishing of my affliction and my sorrow.

Repeatedly call on Allaah with words that have been used by the prophets of Allaah and been responded to by Allaah bi ithnillaah, it would guide you to success, eventually.

DUA'A 19

ALL ENCOMPASSING DUA'A

It is a dua'a with which you can ask Allaah for anything in this world and hereafter especially as it is opened and one of the dua'as that you can use to ask for the best in this world and hereafter.

Rabbana Atina Fidunya 'Hasanatanw-wa Fil Aa'khirati 'Hasanatanw-wa-Qina 'Azaaban-Naar
Translation in English- "Our Lord! Give us good in this world and good in the Hereafter, and defend us from the torment of the Fire!" (Surah Baqarah 2 vs 201)

Hassanat are all the good in this world; children, wealth, knowledge, honor, friendships; everything that is good in this world is hassanah and everything good in the hereafter is hassanat. Seek from Allaah ceaselessly with this dua'a and have no doubt in His ability to make good happen. When He decrees a thing, He (subhaanahu wa ta'ala) says "BE!" and it is
May Allaah grant you and us the best in both worlds. Aamiyn

DUA'A 20

DUA'A WHEN LAILATUL QADR APPROACHES

We are approaching the month of Ramadhan and in this month is the night of decree and anyone fortunate to be up on the night of qadr has truly succeeded in amassing good deeds. Our Mother, Aishah (radiyallaahu anhu) was reported to have asked the Nabiy (sallallaahu alayhi wassalam) what we should do should be witness this night and he advised us to say the dua'a below:

It was narrated from 'Aishah that she said: "O Messenger of Allah, what do you think I should say in my supplication, if I come upon Laylatul-Qadr?" He said: "Say: 'Allahumma innaka 'afuwun tuhibbul-'afwa, fa'fu 'anni (O Allah, You are Forgiving and love forgiveness, so forgive me).'"

Grade: Sahih

The Night of Decree is one that comes once in a year, ensure you are up on those last ten nights seeking the face of Allaah and asking ceaselessly.

May Allaah make you and us from amongst those who would benefit from the beauty and goodness of the night of decree. Aamiyn

DUA'A 21

DUA'A TO RETAIN KNOWLEDGE

Muslims are people who are encouraged to study from cradle to grave as the Nabiy (sallallaahu aayhi wassalam) said: "The seeking of knowledge is obligatory for every Muslim." (- Al-Tirmidhi, Hadith 74) As such it is important to seek help from Allaah in retaining beneficial knowledge. One of the dua'as said by the paragons of the past as communicated to us through a verse of the Qur'an is:

Rabbi Zidni Ilman

"My Lord, increase me in knowledge." (Surah Taha 20 vs 114)

If you are struggling to retain knowledge or you are in the path of active studies then this dua'a should be your companion and go to dua'a for all times.

May Allaah increase you and us in beneficial knowledge. Aamiyn

DUA'A 22

DUA'A OF DAWUD (alayhi salam)

Who would have thought little Dawuud, slim and small in stature would have succeeded in overcoming the army of Goliath even when others from the army of Talut were scared of going forth?

Allaah showed us time and time again from the stories of the people of the past that victory was never by numbers but is aided by the sincerity of the people fighting in the way of Allaah.

Many times we are faced with huge challenges that appear insurmountable and we worry and fear when all we need to do is turn to Allaah, cry to Him and have faith in His promises for He is the Waliy of those who believe and what a wonderful Protector and Provider He is!

Dawuud was a young believer in the oneness of Allaah. He, alongside the army of Talut, made dua'a as they proceeded to the battle field and Allaah gave them victory.

Rabbana afrigh AAalayna sabran wathabbit aqdamana waonsurna AAala alqawmi alkafireen
And when they went out against Goliath and his army they said: "Our Lord! Pour down upon us patience, and make our steps firm and assist us against the disbelieving people." (Surah Baqarah 2 vs 250)

Whatever challenges you might be facing, turn to Allaah for He is Sufficient for you.
May Allaah grant you and us tawfeek. Aamiyn

DUA'A 23

DUA'A OF DAWUD (alayhi salam)

Shuaib was one of the prophets sent by Allaah to guide mankind out of darkness into light however; he was sent to a people who belied the signs of Allaah (subhaanahu wa ta'ala). Shuaib was sent to the people of Madyan also known as the Ashab ul-Aykah however they engaged in fraudulent practices and used to short-change people in business. Allaah says about them:

"... so give full measure and full weight and wrong not men in their things, and do not do mischief on the earth after it has been set in order, that will be better for you, if you are believers. And sit not on every road, threatening, and hindering from the Path of God those who believe in Him and seeking to make it crooked..." (Quran 7:85-86)

He admonished them to no avail. When they stayed heedless, he made dua'a to Allaah and Allaah answered his dua'a and destroyed the people of Madyan. He (alayhi salam) said;

Rabbana iftah baynana wabayna qawmina bialhaqqi waanta khayru alfatiheena

Our Lord! Judge between us and our people in truth, for You are the Best of those who give judgment. - Quran 7:89

There are times when we find ourselves in the midst of people wronging their souls; the best you can do is admonish for guidance is from Allaah (subhaanahu wa ta'ala). Seek from Him ceaselessly till He (subhaanahu wa ta'ala) decides your case.

May Allaah grant you and us victory over the plotters and bring us and our loved ones to safety.

All dua's shared here have been shared on the Dua'a of Paragons series brought to you by Siddiqah DeenHub, Siddiqah Primo NGO, Siddiqah Institute, The Support Lounge, Aishah Adams Brand, MyRamadan, Siara's Box, Halal Fun Limited, FAB-IT Primo and No 1 Tutors

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Thank you for reading till the end.

May Allaah make it a hujjah for you and us and make it count on the day that matters most.

May Allaah make it beneficial for you and us. Any errors found are from my nafs and I seek

Allaah's forgiveness and all good is from Allaah, The Ever Living.

And in the end,

ALHAMDULILAAHI RABBIL 'ALAMEEN.

BY



AISHAHADAMS